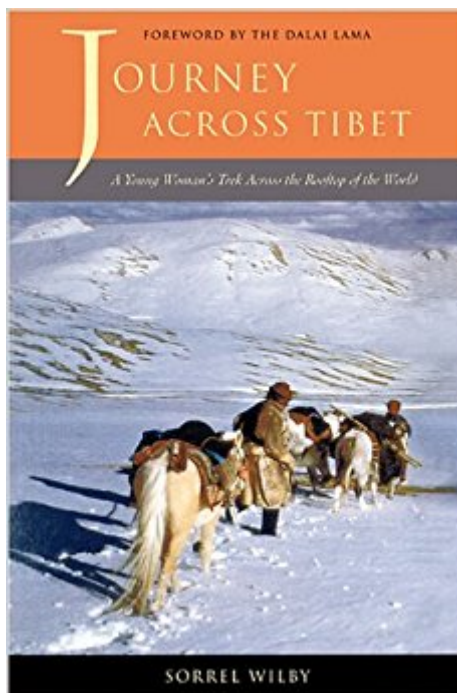




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# Journey Across Tibet: A Young Woman's Trek Across The Rooftop Of The World



## Synopsis

In this inspiring story by a woman "who has few equals, on the trail or on the printed page" (National Geographic), Sorrel Wilby hikes 1,900 miles across Tibet alone. When she befriends some Tibetan nomads, her trek quickly evolves from a daredevil adventure to a journey of self-discovery and personal revelation.

## Book Information

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## Customer Reviews

This was recommended just before a trip to India and perfect reading for immersion into a very foreign culture. I appreciate how the writer embraced the Tibetans. It was interesting to watch how she became less judgemental as her western mind let go and enjoyed the people she met.

I read this before -- bought it as a present for someone else. It's a fascinating adventure.

Great book

I loved this book. Could hardly put it down. There were alot of pictures as well of Sorrel Wilbys travel thru Tibet. She made it all so interesting, telling about the country and the people she met along the way.

One of the reviewers is seemingly "not quite right" in his/her statements about this book and author.

( I have no connection to the author and do not know her or anyone associated...unfortunately!) This is a true story of a young woman who foregoes all comforts and "usual" safety to travel alone by foot in a remote Asian country and experience another culture without the "candy coating". This is the story of her experience along with discovering the truth and inner substance of her own being. I am very late 50's, have just returned from neighboring Bhutan and find this book meaningful, engaging, inspiring and am very happy I just "happened" to come across it. The negative review is truly off the mark. ( Perhaps the negative reviewer has not done much traveling or is unfamiliar with Asian countries, or being female traveling alone, or trekking...??) VERY Highly recommended.

I love doing an armchair travel and picked up this book to learn more about Tibet and its wonderful people. Really enjoyed Sorrel's travels but never would I wish to have gone along with her. I couldn't have done her grueling 1900 mile trek even if a hot bath, massage, good food, and a bed with down comforter was at the end of each day. Wow she was brave and endured such hardships. I was sorry to see the book end!

I read this book almost in one sitting. It was so joyeous to be transported to the plains of Tibet, with this brave and humble woman for company. What an incredible journey!

I read this book recently and the author seemed like a "princess" rich bitch trekking across Tibet on her parent's dime. She did run into some harrowing moments, but never seemed to lose her "isn't it all wonderful" attitude toward the people around her. I can well imagine the reason why the natives were so caring, she paid as she went and spoke as if the natives were naturally just so wonderful. Everyone you are giving money to is "just so wonderful" I would rather have read a book about the hard realities of these places outside the bubble of a insulated money'd post college girl

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